

GUIDANCE AND COUNSELLING CELL

INTRODUCTION

The guidance and counseling cell of a B.Ed. college is established to support the academic, personal, emotional and career development of student-teachers. The cell plays a crucial role in helping students cope with the academic stress, personal challenges and career-related decisions during their teacher training programme. The primary aim of the cell is to promote mental well-being, self-understanding and professional growth among prospective teachers.

OBJECTIVES

- **Academic Guidance:** To help student teacher in selecting subjects, understanding the syllabus and improving academic performance.
- **Career Guidance:** To Guide Students about teaching careers, higher education, competitive exams and employment opportunities.
- **Personal Counselling:** To help students deal with personal, emotional, social or adjustment problems affecting their students.
- **Professional Development:** To develop teaching skills, communication skills, leadership qualities and professional ethics among student-teachers.
- **Mental Health Support:** To promote mental well being and help students manage stress, anxiety and examination pressure.
- **Placement and career support:** To assist students in job placement, interviews and preparation of resumes.
- **Co-ordination with faculty and parents:** To work in co-ordination with teachers, parents and administration for students overall development.
- **Promoting ethical and value based education:** To include moral values, professional ethics and social responsibility among student-teachers.

Teacher Incharge

Asstt. Prof. Shikha Joshi

Asstt. Prof. Lata Sharma

Shikha Joshi
Lata Sharma

Student members

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